



Whitewater Wellness Weekend

Action Whitewater Adventures, Paloma Yoga & Snapdragon Provisions have come together to compose a weekend of wellness like no other. Guiding you through nature-based activities and mentally grounding classes which have been carefully aligned with meals designed to replenish your wellbeing.

Testimonials:



"Love the atmosphere and sense of appreciation for movement and self care."



"Fernanda offers a very comfortable environment with classes that can be challenging, but also relaxing."



⦿ What's Included

- ⦿ 2 nights | 3 days shared glamping accommodations
- ⦿ Adventure rafting at south fork of the American River
- ⦿ Bathrooms, hot water & electricity
- ⦿ Yoga, meditation & somatic tools, facial & massage
- ⦿ 5 nourishing vegetarian meals (vegan and gluten-free accommodations)
- ⦿ Indigenous blessing, visual souvenir & personalized farewell market



⦿ 2024 Dates & Pricing

May 31-June 2
July 19-21
August 30-September 1

Friday Check-in 5-6pm
Sunday Farewell Market 3pm

\$1,100



Book Your Weekend Now!

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1-888-9-ACTION